

Exploring the Getting It On Website

Age Range:

13+, Years 9 +,
KS 3, KS 4

Topics Covered:

The Getting It On website

Time:

20 - 40 minutes

Equipment needed:

PC or other internet
connected device

Learning Outcomes:

Young people have increased awareness of the information available on the Getting It On website.

Young people have an increased ability to identify where to get local help and support.

This supports key concepts for PSHE education in personal wellbeing including:

- Personal identities
- Healthy lifestyles
- Risk
- Relationships

An exercise to help students understand the support and information available to them on www.gettingiton.org.uk

Introduction

This exercise uses reflective learning and team working to help students research and present the range of information and services available on the Getting It On website.

Exercise

This can be run as a classroom activity if the group has access to an internet connected device or as a homework project. Explain to the group that you are all going to research a website called Getting It On whose web address is <https://www.gettingiton.org.uk/>

Read out the following description.

Getting It On is a website that aims to provide young people who need help and support, or who are uncomfortable with asking for help, easy access to relevant services at a time they need them most and without the fear of being judged.

Getting It On covers six south west London boroughs Croydon, Kingston, Merton, Richmond, Sutton and Wandsworth and helps young people to find sexual health, relationship, mental health, drugs and alcohol support services in their area. The services provided may be different for each area, so visitors to the site need to click on a specific borough to see what's available.'

Split the class into smaller groups of 3-4 students per group. Give each group one section of the Getting It On site to explore.

There are a few different ways you can run this depending on the topic you are working on and the time available.

Discovering the whole site

If you are looking generally at signposting and support around RSHE issues then you could explore the whole site. There are 7 main sections and you could create 7 groups who are all tasked to look at one of the 7 sections e.g. Staying Safe Online, Health and Lifestyle, Sexual Health etc. Each of these 7 sections covers different sub topics relating to the section.

Exploring a specific topic area

If you are looking at a specific area such as Relationship Abuse and Exploitation then you could look just at the 6 sub topic covered within that heading and task each group to look at one of the 5 sub topics within Relationship Abuse and Exploitation.

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Exercise (Continued)

Mixing it up

Alternatively, you could mix this up and focus on a few of the main 7 sections and split the subsections of those giving each group a few of the sub topics to work on.

Once you have allocated the parts of the website you want to explore to the groups then set the main task.

Explain to the group that this is a research task. Their job is to go to the Getting It On website and look carefully at the areas of the website that they have been tasked to look at.

1. Create 3-5 key bullet points of information that they think are useful for young people to know about that topic / area.
2. Highlight anything that they thought was surprising or interesting.
3. Where can someone get more support and information (and if shown) specifically in the area where they live or go to school.

Give time in the lesson or set as a homework task for groups to work together on this research.

Ask each group to feedback on what they have found. This could be done as a short presentation with each group verbally feeding back their findings.

Extra activity

You could extend this activity further by asking the group to think about the best ways to communicate some of the information they have learned about Getting It On to other young people.

They could work in their groups to create posters or leaflet designs that signpost people to the Getting It On website and share some of the most important information they found about the site.

Summary

Sum up by reminding the group that the Getting It On site is for them and about the services that they can access locally.

If you have more time then you could turn the group's research into a short combined presentation that could be run in an assembly.

You could also look at whether any of the posters or leaflet designs could be used to raise awareness amongst other students relevant

Exploring the Getting It On Website - Scenarios

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- Healthy lifestyles
- Risk
- Relationships

An exercise to help students further understand the support and information available to them on www.gettingiton.org.uk

Introduction

This exercise helps students test and apply their awareness of the services available on the Getting It On website.

Exercise

This can be run as a classroom activity. Explain to the group that you are all going to look further at the website called Getting It On whose web address is <https://www.gettingiton.org.uk/>

Explain that you are going to use some case studies to look at how someone could get the information and support they need from the Getting It On website. There are three case studies in total which are listed below.

Case 1: Callum is a 15 year old feeling more and more anxious about his friends, looks, exams, everything - he feels like it's stopping him from enjoying life, and he's spending more and more time worrying alone. He wants these feelings to stop.

Case 2: Chloe is in her first real relationship. She's 17, lives in Kingston, and her and her boyfriend didn't use a condom, or any contraception for their first time having penetrative sex last night - she's worried she might get pregnant.

Case 3: Ava is 13 and isn't sure about who she fancies - girls or boys. She doesn't feel ready to tell anyone about this (except her best friend) and she's losing sleep over this. She wants to talk with someone else about these feelings

You can run this as a whole group exploring all three case studies or split the group into three smaller groups with one case study each. Ask the group(s) to consider the five questions below for each scenario.

- What words could the person use to search for the info they need?
- Which services might be good options for them? Why?
- Once you've picked a service together, what key things does the person need to know about this service?
- What does the person need to do now that they've found the information they need?
- Is there anything on the service listing(s) which could be improved?

Summary

Recap on the key information that was discussed for each case study. If you split into three groups then ask them to share their findings with the rest of the students.